



## Are You Carer Aware?

### Introduction:

Glasgow City Health and Social Care Partnership is fully committed to delivering the best outcomes for unpaid carers and the person they care for. Caring for family and friends is a natural part of all our lives. Caring can be emotionally and physically demanding, but should not be to the detriment of the carer's own health and well-being.

Glasgow City Health and Social Care Partnership [Adult](#) and [Young Carer](#) Strategies commit to the following key priorities:

- Identifying carers earlier in their caring role.
- Providing a single point of access for carers into support services and universal offer of information and advice for all carers in the city.
- Delivering personalised support that recognises every caring situation is unique, ensuring all carers are treated fairly and diversity is valued.

**A series of carer awareness briefings has been developed to raise awareness of the rights of unpaid carers.**

To find out more about each of the Briefings, please see below:



## Briefing 1: Carer Awareness

- **Facilitator:** Carers Advice and Information Worker, Glasgow City Health and Social Care Partnership
- **Duration:** 30 – 45 minutes
- **Focus audience:** Individuals, groups or organisations wanting to develop basic awareness of unpaid carers.
- **Maximum number of online places:** 15 per session

**Please note: A Smart phone/tablet/laptop and a stable internet connection is required to take part in the online session. You will receive an email with details of how to access it.**

### The briefing will enable participants to:

1. Identify unpaid carers.
2. Be aware of information and resources available to support unpaid carers
3. Know how to refer a carer for support and information

To request a briefing please email our Carer Information Workers, [Christopher.Simmons@ggc.scot.nhs.uk](mailto:Christopher.Simmons@ggc.scot.nhs.uk) or [Martin.Savage@ggc.scot.nhs.uk](mailto:Martin.Savage@ggc.scot.nhs.uk)

You can also ask the Carers Advice and Information Team to tailor a briefing to match your specific needs.



## Briefing 2: Supports to Carers: Glasgow City Carers Partnership

- **Facilitator:** Carers Advice and Information Worker, Glasgow City Health and Social Care Partnership
- **Duration:** 45 minutes – 1 hour
- **Focus audience:** Individuals, groups, allied health professionals and organisations wanting to develop their knowledge of Glasgow City Carer Partnership.
- **Maximum number of online places:** 15 per session

**Please note: A Smart phone/tablet/laptop and a stable internet connection is required to take part in the online session. You will receive an email with details of how to access it.**

### Overview:

This briefing is intended to raise awareness of services available to support unpaid carers looking after someone resident in Glasgow.

### The course will enable participants to:

1. Develop an understanding of the basic legal rights of carers
2. Develop an understanding of the role of Glasgow Carer City Carers Partnership
3. Understand outcomes important to carers
4. Know how to refer a carer for support and information

To request a briefing please email Carer Advice and Information Workers, [Christopher.Simmons@ggc.scot.nhs.uk](mailto:Christopher.Simmons@ggc.scot.nhs.uk) or [Martin.Savage@ggc.scot.nhs.uk](mailto:Martin.Savage@ggc.scot.nhs.uk)



## Briefing 3 - Delivering the Carers (Scotland) Act 2016

- **Facilitator:** Fred Beckett, Principal Officer Carers Lead, Glasgow City Health and Social Care Partnership.
- **Duration:** 45 minutes – 1 hour
- **Focus audience:** Glasgow City Health and Social Care Partnership professionals working directly with unpaid carers.
- **Maximum number of online places:** 15 per session

**Please note: A Smart phone/tablet/laptop and a stable internet connection is required to take part in the session. You will receive an email with details of how to access it.**

### Overview:

This session is for Glasgow City Health and Social Care staff who want to learn about their statutory role and responsibilities to support unpaid carers. Staff should complete the mandatory Carers (Scotland) Act 2016 module on **GOLD** (Glasgow City Council staff) or **LearnPro** (NHS staff) prior to attending this briefing.

### The course will enable participants to:

1. Develop knowledge of Glasgow City Health and Social Care Partnership Carer Strategies.
2. Develop awareness of Glasgow City Health and Social Care Partnership Carer Services.
3. Develop awareness of the legal duties and powers of the Carers (Scotland) Act 2016 and resources in place to support implementation.

To request this briefing please email [gail.bridges@glasgow.gov.uk](mailto:gail.bridges@glasgow.gov.uk)